



# COUN - Counseling

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is web-enhanced and follows a non-traditional format of 4 week intensive learning and immersion experiences. Please, refer to the schedule on syllabus for details. Content Areas: women's issues, professional practice, multicultural competence and mental health.

## COUN 5200 Theories of Counseling (3)

This course defines and examines the application of basic theories, principles and related techniques of professional counseling. A major focus will be on the application of the theories and methods used in counseling with consideration for multicultural and ethical contexts. A systems perspective, theories of addictions and optimal development and wellness for the life span are included.

## COUN 5220 Assessment (3)

This course examines the various frameworks for assessing the functioning of individuals, couples, groups and families in an ethical framework and the use of assessment in diagnosis and treatment in a multicultural context. Attention will focus on the methods of data gathering; ethical administration and interpretation from a multicultural perspective; historical perspective of the field; related statistical concepts; and reliability and validity of various instruments. Ethnic, cultural and sex/gender factors are considered. Additional lab fees are associated with this course for the purchase of assessment tools. Self-growth experiential activities are associated with this course content.

## COUN 5230 Psychodiagnostics (3)

This course focuses on the identification and comprehension of the major psychological disorders as detailed in the current Diagnostic and Statistical Manual of Mental Disorders (APA). The behavioral manifestations and dynamics of mental disorders will be explored from a biopsychosocial model, focusing on therapeutic assessment and case conceptualization. Students will also learn about common pharmacological and counseling treatment strategies for the disorders covered in class. Multicultural, ethical, crisis and emergency components are integrated.

## COUN 5450 Trauma, Crisis, and Emergency Relief (3)

This course addresses the impact of crises, disasters and other trauma-causing events on people. In addition, students will explore the principles of crisis intervention; appropriate use of diagnosis during a related event, theories and models of individual, group and community resilience; operation of an emergency management system within clinical mental health agencies and self-care. The study of trauma and crisis intervention and the development of related skills can be a challenging experience. Students will be required to participate in self-awareness and self-growth activities.

## COUN 5480 Advanced Trauma (3)

This course provides the student with a comprehensive exploration of trauma within historical and theoretical context, the nature of trauma, effects of trauma on individuals and systems, complex trauma, traumatic stress, and trauma responses. It addresses a broad spectrum of traumatic events, including interpersonal violence, hate crimes, school violence, community violence, genocide, ethnic violence, war and terrorism. Additionally, the course explores counselors' response to trauma, vicarious traumatization, disenfranchised grief, best practices, and general treatment issues. Clinical assessment and treatment issues as well as a variety of theoretical frameworks are presented. Multicultural competence is emphasized and addressed throughout this course. Self-growth experiential

activities are associated with this course content. This seminar is web-enhanced and involves intensive learning and immersion experiences as well as extensive reading material. **Prerequisite:** COUN 5450 or Professional Counseling department approval

## COUN 5540 Family Systems Theory (3)

This course defines and explores the contribution of general systems theory to the development of family therapy. The focus is on examining different family systems theories, multicultural influences and ethical components. Self-growth experiential activities are associated with this course content.

## COUN 5545 Blended Family Counseling (3)

This course focuses on the application of systems theory and family theories to the issues involved in establishing high-nurturance blended families. Multicultural and ethical components are integrated. Self-growth experiential activities may be associated with the content of this course. *It is highly recommended that COUN 5540 is completed prior to taking this course.*

## COUN 5570 Telemental Health Counseling (3)

This course is designed to familiarize graduate students in counseling with the theoretical foundations, ethical considerations, and practical skills necessary for effective delivery of mental health counseling services using telemental health platforms. Students will explore the opportunities and challenges of providing counseling through telecommunication technologies, including videoconferencing. Emphasis will be placed on the development of essential competencies to deliver ethical, culturally sensitive, and evidence-based counseling services in a virtual environment. **Prerequisite:** COUN 5020, COUN 5050, COUN 5100, COUN 5200, COUN 5230, COUN 5600, COUN 5610, COUN 5800

## COUN 5580 Human Sexuality Theory and Sexual Counseling (3)

This course defines and examines the current models and theories of human sexuality across the lifespan. It includes the physiological, psychological, and sociocultural variables associated with sexual identity, behavior, wellness, and disorders. Students will also examine theory, skills, and self-awareness related to sexual relationship counseling including understanding issues of counseling individuals with a history of sexual abuse, sexual addiction, and/or sexual offenses.

## COUN 5600 Techniques of Group Counseling (3)

This course examines and defines theoretical and experiential understandings of group theory and types of groups; group purposes, practices, development, methods, related ethics, and dynamics; and facilitative counseling skills in a multicultural society. This course involves student participation in a direct experience as a group member in a small group activity, approved by the program, for a minimum of ten clock hours over the course of one academic term. Self-growth experiential activities are associated with this course content.

## COUN 5610 Techniques of Counseling (3)

This course emphasizes the stages of the helping relationship. Students practice basic and advanced counseling skills. Students learn to help clients identify the problem that provides the focus for counseling and implement a treatment plan. They also learn the significance of openness to supervision and self-evaluation. Multicultural and ethical components are integrated. Students

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practice skills during in-class role play situations. Self-growth experiential activities are associated with this course content.

## **COUN 5630 Addictions and Substance Abuse Counseling (3)**

This course examines theory, case conceptualization, diagnoses and treatment of addictions including substance abuse, chemical dependency and process addictions. This course will also address family dynamics that may maintain or worsen addiction. A portion of the course is devoted to evaluation of the services and programs available to individuals presenting with addictions, from the point of view of the affected individuals, their families and society. Multicultural and ethical components are integrated. Self-growth experiential activities may be associated with the content of this course.

## **COUN 5635 Techniques of Counseling Special Populations (3)**

This course focuses on the examination and application of counseling theories when working with clients from special population groups (e.g., exceptional students, dropouts, minorities, women re-entering the labor force and older persons). Ethical implications are also discussed. Self-growth experiential activities may be associated with the content of this course. May be repeated for credit if content differs.

## **COUN 5640 Couples, Marriage and Family Counseling (3)**

This course examines marriage, couples and family theories and therapies, stressing the identification and application of general systems theory. The focus is on the major constructs in marriage, couples and family therapies; identification of marriage, couples and family structures and communication patterns; as well as the formulation of related treatment plans and goals in a multicultural and ethical context. *It is highly recommended that COUN 5540 is completed prior to taking this course.*

## **COUN 5650 Conjoint Counseling (3)**

This course examines the theory and application of differing styles of counseling couples and families, stressing therapeutic practice when counseling couples and or family members simultaneously. The primary focus is on theories, models, and interventions employed when counseling various combinations of persons in relationships (as differentiated from groups). Multicultural and ethical issues will be integrated. Students will explore the various forms of counseling couples, including persons in marriage, same sex unions, work relationships, friendships and extended family.

## **COUN 5670 Counseling of Children (3)**

This course examines issues related to the counseling of children. Focus is on the application of counseling theories related to children, cultural competence in the treatment of children, techniques for interviewing children and their families, methods for designing and evaluating treatment plans and the application of counseling related ethical standards and legal requirements. Self-growth experiential activities are associated with the content of this course.

## **COUN 5685 Program Development for School Counselors (3)**

This course focuses on theory, design, implementation and evaluation of comprehensive developmental school guidance and counseling programs from a multicultural perspective to include technological interventions and identification of student

academic, career and personal/social competencies; leadership and management and advocacy and the ASCA model.

## **COUN 5700 Lifestyle and Career Development (3)**

This course examines, evaluates and applies vocational choice theories, assessments and techniques; the relationship between career choice and lifestyle; sources of occupational and educational information, assessment and technology; approaches to decision-making models; interrelationships among and between work, family and life roles including multicultural issues; career planning, placement and evaluation and career development exploration techniques and assessments in an ethical context. Self-growth experiential activities may be associated with this course content. Additional lab fees are associated with this course for the purchase of assessment tools.

## **COUN 5800 Professional Orientation and Ethical Practice (3)**

This course identifies and examines the history and philosophy of the counseling profession, goals and objectives of professional counseling organizations, the ACA *Code of Ethics*, professional credentialing and licensure, professional, legal and ethical considerations, role identity of types of professional counselors, application of ethical and legal considerations in counseling, self-care strategies and advocacy processes to address social and institutional barriers that impede access, equity and success for clients. Self-growth experiential activities may be associated with the content of this course.

## **COUN 5820 Consultation and Supervision (3)**

This course examines consultation and supervision theories and practices as employed by counselors working and supervising in mental health facilities, educational institutions and other professional counseling settings. Identification and application of consultation with other professionals and parents in counseling settings (including multicultural issues) are reviewed. Related ethical practice is integrated.

## **COUN 5840 School Counseling Methods and Skills (3)**

This course examines counseling practices and theory in relation to children and adolescents in the school setting and the role and function of the counselor as a partner in the learning process. Focus is on the developmental needs and age-related issues; guidance counseling in classroom and multicultural settings; collaboration with school team members and families and related ethics. Special problems of physical and sexual abuse, substance abuse, suicide, grief and career and college preparation are also examined. **Prerequisite:** COUN 5110.

## **COUN 5850 Research and Program Evaluation (3)**

This course examines areas including statistics, research design and development of research and demonstration proposals related to the field of professional counseling in a multicultural society through the use of professional counseling literature. Related ethical codes and practices in research are examined. Additional goals of the course include understanding the importance of research in advancing the counseling profession; program development and demonstration proposals; development and evaluation of program objectives; principles, models and applications of needs assessment; and culturally and ethically relevant strategies for interpreting the results. Self-growth experiential activities may be associated with the content of this course.

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## **COUN 5860 MA Counseling Thesis (3)**

The master's thesis consists of an individual research project designed by the student and carried out under the direction of a faculty supervisor in the field of counseling or psychology. The thesis project allows students to actively contribute to research in the field of counseling or psychology and to gain important research experience that prepares them to follow a doctoral program. All thesis topics must be approved by the faculty supervisor and the department chair. Students are expected to select a topic in collaboration with their faculty supervisor, develop research questions and/or hypotheses for the study, collect and analyze data and report the results of their research in APA format. Following completion of the qualitative or quantitative thesis, students are encouraged to submit their work for possible publication. In addition to the individual feedback and support they receive from their faculty supervisor, students working on a thesis are encouraged to participate in the research meetings hosted by the department for further presentation and critique of their work. The written thesis must follow current thesis guidelines and include appropriate graduate thesis forms. **Prerequisites:** Advanced program standing, COUN 5850 and faculty supervisor approval.

## **COUN 6000 Counseling Learning Practicum (3)**

This Practicum course applies only to the community counseling emphasis. In this course, students are required to complete an 18 week practicum in conjunction with the counseling curriculum. Practicum is considered a beginning clinical counseling experience and should provide beginning counseling activities. This course is time consuming and demanding. Students should be prepared to apply more hours to this course than to most other courses. It is recommended that students reduce to part time employment during this course. Practicum students are required to complete a total of 100 clinical hours, 40 of which are direct, before they can register to take Internship. Students will be required to meet weekly for a minimum of 60 consecutive minutes with their site supervisor in individual or triadic supervision and a minimum of 90 minutes (or more) of group supervision with the Practicum class. Weekly skill evaluations and activity logs are a critical component of this course. Self-growth experiential activities are associated with this course content.

Each student is required to plan for practicum with the counseling



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supervisor; and a minimum of 90 minutes (or more) of weekly group supervision with the Internship class. The site supervisor is required to be a licensed mental health professional with a minimum of two years of post-licensure experience and state-approved training in supervising counselor trainees (CT). Weekly skill evaluations and activity logs are a critical component of this course. Self-growth experiential activities are associated with this course content. Students are required to complete Internship in conjunction with their Counseling curriculum. Acceptance into a section of Internship (COUN 6500) depends on the approval of the licensed faculty supervisor of the course. Hence, enrollment in this course requires permission of the faculty supervisor.

Students are required to make copies of all syllabi and documentation regarding their field experience activities and save them as hard copies for licensure purposes. Tevera management and assessment system is required for this course. Tevera will assist students in building their virtual portfolio; however, safeguarding one's professional portfolio relies on personal diligence.

If students change sites between practicum and internship, they have to go through the same pre-practicum process and resubmit all the required documents in Tevera prior to the start of class (please, see Clinical Handbook for details). Students are required to abide by the ACA Code of Ethics (2014) in their Internship experience and throughout their time in the counseling program. Students are required to obtain professional liability insurance (PLI) through ACA (student membership is required) and cannot see clients without a PLI. Students must obtain a HIPAA compliant recording device in this course.

Students wishing to complete their Internship in an elementary and/or secondary school setting must obtain special permission from the Director of the Clinical Program. They will be required to verify that their field experience in a school setting will entail providing clinical mental health counseling services and not school counseling activities. Students may NOT do in-home counseling. Students whose sites require any virtual service delivery must complete telemental health training and submit both their own and their site supervisor's training certificate verification prior to engaging in virtual counseling services. Students must complete all required documentation on Tevera to receive approval prior to engaging in virtual counseling services

This course may be repeated for credit. No grades of Incomplete are permitted; hence, students should be prepared [(the3er1 0 0 -1 0 214.84399414 Tm li) thro 7tOw[(artime in the cougCed docecmf 1 0 o35Dyung se6] TJ ET